



Creamy Basil Pesto Pasta Salad



Recipe Created by Lindsey Bryan

Home Store: Profile by Sanford – Knoxville, TN

Profile Exchange values: 3 oz protein + 1 cup vegetables + 2 fats

Description: A Reboot Reduce creamy, yummy, pasta salad option!

Inspiration: We wanted a recipe that captured the brightness of summer using bright green spinach and fresh summer herbs to light up this pasta dish. We also wanted it to be extremely quick and simple to prepare so people can whip it up quick and continue enjoying their summer.

Preparation Time: 10 min / **Cook Time:** 1 min

Number of Servings: 4



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Serving Size: ¼ of Salad

Ingredients:

- 3 Wedges Laughing Cow Cheese
- 1T Basil Pesto (used Costco brand)
- 1 Package Profile Pasta
- 1 Cup Chopped, Frozen Spinach (thawed and drained)
- Optional- fresh spinach and basil

Directions:

1. Melt Laughing Cow Cheese in microwave for 1 minute at 50% power
2. Stir in basil pesto.
3. Add Profile Pasta to boiling water, cook for 1 minute
4. Toss cheese and pesto mix, spinach and pasta in a hot pan to finish melting cheese and coat pasta evenly.
5. Serve warm or chill and enjoy!

Tips:

Feel free to add other veggies to the dish if you wish.