



PEANUT BUTTER & SPINACH SHAKE

Number of Servings: 1

Ingredients:

- 1 package Profile Vanilla Shake
- 1 tbsp. P3
- 1 handful baby spinach
- ½ cup unsweetened almond milk
- ½ cup water

Directions:

Mix all ingredients in a blender and enjoy!

Profile Exchanges: 1 meal replacement, 1 free food, 1 cup vegetable